

Chiropractic Care



Dr. LaVictoire

What are Spinal Subluxations?

The wear and tear of everyday tasks such as carrying, driving, gardening and even walking puts strains on our spinal column. This is more true with serious stresses such as automobile accidents, sports injuries or falls. In chiropractic, spinal problems are called "subluxations". In these problem areas, the spinal bones are misaligned. The subluxations or spinal misalignment, pull the vertebrae out of its normal position. The pain is due to a constant strain on the adjacent connective tissue.

Your chiropractor can reduce or eliminate these subluxations with gentle adjustments to your spine. If the problem has been present for a short time, only a few adjustments will be necessary. If they are long term subluxations, it will take more visits before your body heals.

Most Chiropractors suggest a minimum number of spinal screenings during ones lifetime. These screenings for spinal misalignments should occur during our childhood, adolescents, young adult, middle age and during any one sided neck, mid back or lower back injury.

*Brought to you as a
community service by:*

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